

KEEP SMART ON YOUR MOBILE

This guide, written by Childnet, will remind you to **KEEP SMART** and help you and your mates use mobiles positively.

KEEP IT SAFE

Don't give out your mobile number to people you don't know, especially on Instant Messenger or in chatrooms.

Keep your security code or PIN number private.

Find out the serial number of your phone (imei) by typing ***#06#** and keep this 15 digit number safe. If your phone gets lost or stolen you

can ring **08701 123 123** to get it blocked. This will stop people from using your lost or stolen handset.

Keep your mobile hidden when you're on the street – that way it is less likely to get stolen.



KEEP IN CONTROL

If you start getting texts that upset or annoy you, don't reply.

Keep a record and report the texts to an adult or your network operator. In serious cases an adult can help you report it to the police.

You are in control of what you receive by Bluetooth and also what you forward on by text or by Bluetooth. Think before accepting messages or files from other phones and be aware that forwarding messages to other people may have serious consequences. It could be hurtful to others, or even illegal.

KEEP IT LEGAL

If you receive a rude or embarrassing image or text about someone don't pass it on.

Distributing sexual pictures of other young people by mobile phone is illegal.

If you receive something like this, do not forward it, and tell an adult immediately.

KEEP YOUR MATES SAFE

Think before you send a picture or video from your phone and always ask your friend's permission before taking a picture of them.

Once you have sent a picture from your phone you have lost control of it and it could easily be copied, changed, or used elsewhere online.

Respect the privacy of your friends; don't give out their numbers without their permission.

Create your own widget to express your online digital citizenship values and wishes for yourself, your friends and your world at: www.digizen.org



KEEP A RECORD

If you are uncomfortable about any images or messages you get sent on your mobile, then keep a record of them. They may be used as evidence. Contact your mobile operator if you are receiving nuisance calls to see what they can do to help.

- **02:** 0870 5214 000 or ncb@02.com.
- **Vodafone:** Call customer services on 191 from a Vodafone phone or on any other phone call **08700 700 191** for Pay Monthly customers or on **08700 776 655** for Pay As You Go customers.
- **3:** Call **333** from a 3 phone, or **08707 330 333**.
- **Orange:** Call **450** on an Orange phone or **07973 100 450** for Pay As You Go customers; call **150** from an Orange phone or **07973 100 150** for Pay Monthly customers.
- **T-Mobile:** Call customer services on **150** from your T-Mobile phone or on **0845 412 5000** from a landline, or email using the 'how to contact us' section of the T-Mobile website at www.t-mobile.co.uk.

RESOURCES TO HELP

CHATDANGER.COM

PHONE BRAIN
.ORG.UK

- www.chatdanger.com
For more info on staying safe in chatrooms, online games, Instant Messenger and on mobiles.
- www.phonebrain.org.uk
PhoneBrain will help you stay in control of the money you spend on your mobile and help if you have any problems with premium rate numbers.

KEEP SMART ONLINE

This guide, written by Childnet, will help you to **KEEP SMART** and use the internet safely, responsibly and positively.

KEEP IT PRIVATE

When you are chatting to people or posting things online make sure you keep your own and other people's personal information private.

If you have created your own online space, profile or website, make sure it's set to private so that you can control who can view your thoughts, ideas, images, and videos.

Bear in mind that future academic institutions and employers may search for you online to see if you are the right person for them.



KEEP IT COOL

If you or someone you know is being bullied online or via a mobile phone, you have a right not to have to deal with it on your own.

It's important you save the messages or conversations, or make a note of the website address and show an adult you can trust to help resolve the situation.

Remember not to accept this kind of behaviour – from anyone – online or offline.

Visit www.digizen.org to view the **Let's Fight It Together** film for more information on how to prevent cyberbullying or respond to it if it does occur.



KEEP IT LEGAL

Be aware of the legal consequences of your online activities.

Illegal activities include downloading copyrighted music or film, and harassing other people online.

You are not anonymous online and things can get traced back to you.



KEEP IN MIND

Not everything you see nor everyone you meet online is reliable.

People you have only met online are still strangers, no matter how long you have been talking to them or how friendly they are. Because meeting up with these people can be dangerous only do so with your parents' or carers' permission, and even then only

when they can be present. If you only go with your friends you risk putting them in danger too.

Anyone can put or say virtually anything on the internet so remember that not everything is true; make sure you compare information with other websites, books and by talking to people before you believe it.

KEEP IN CONTROL

Adults who go online to chat to young people and arrange to meet up in order to have sex are breaking the law.

If you have met someone online and conversations with that person are making you feel uncomfortable tell an adult you trust or you can report it to the police at www.thinkuknow.co.uk.

All reports are taken seriously and a police officer will contact you to help sort the problem out.



RESOURCES TO HELP



- www.kidsmart.org.uk
Play interactive games and learn more about internet safety
- www.childnet.com/sorted
Find out how to keep your computer secure from viruses, spyware and people wanting to steal your identity. You can call **ChildLine** in confidence on 0800 11 11 if ever you need to talk to someone about anything that makes you feel uncomfortable or worried online.

