

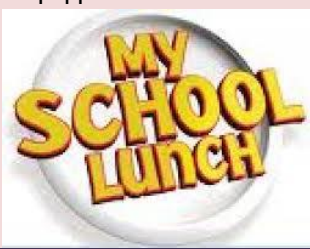








## Week 1

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Pizza Day</b> A selection of homemade pizza Choose from Cheese & Tomato, Ham & Pineapple or Pepperoni	<b>Sausage &amp; Mash</b> Choose from a butchers quality sausage or quorn sausage served on a bed of creamy mashed potato with gravy	<b>Roast Dinner</b> Choose from home roasted topside of beef or a Quorn fillet served with roast potatoes, Yorkshire pudding and gravy	<b>Lasagne</b> Fresh minced beef or Veggie-mince cooked with onions, garlic, tomatoes and herbs, layered between lasagne pasta sheets and topped with a béchamel sauce. Served with herby bread	<b>Fish 'Fry-day'</b> Choose from a battered cod fillet, breaded cod fillet fingers or simply a salmon fillet, all baked in the oven & served with chips
<b>Served with</b>				
<b>Sweetcorn</b>	<b>Peas</b>	<b>Peas &amp; Carrots</b>	<b>Broccoli</b>	<b>Baked Beans</b>
<b>or</b>				
<b>Jacket potatoes &amp; Panini's</b> served with a side salad are also available daily – chooses from a variety of fillings cheese, tuna mayo, ham, turkey & baked beans (when available)				
<b>or</b>				
<b>Deli Bar - Available Everyday</b> Design your own sandwich, first choose your bread – wraps, assorted batch or sliced bread, then choose your filling a selection of the following will be available daily – ham, cheese, tuna, Chinese chicken, turkey, roast beef, egg and finally finish with a choice of salad – carrot sticks, cucumber, cherry tomatoes, iceberg lettuce, sweetcorn, coleslaw, beetroot and peppers.				
<div style="display: flex; justify-content: space-around; align-items: center;">    </div>				
<b>And for dessert</b>				
<b>Iced Sponge</b>	<b>Jelly &amp; Cream</b>	<b>A Selection of Muffins</b>	<b>Waffle Bar</b>	<b>Chef's Cake &amp; Custard</b>
Fresh Fruit, Fruit Pots, Yogurt or Cheese & Crackers are available everyday as an alternative to the daily dessert.				
<b>And Finally a drink</b>				
<b>A selection of the following drinks will be available daily</b> <b>freshly made milkshakes – chocolate or strawberry, fresh fruit juice – apple, orange or cranberry or water.</b>				

## Week 2

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Meatballs</b> Fresh beef meatballs or Quorn balls baked in the oven and served with spaghetti and a homemade tomato sauce	<b>Burger Day</b> Choose from a fresh minced beef burger, a fresh chicken fillet coated in breadcrumbs and baked in the oven or a vegetarian burger served on a bun with coleslaw and jacket potato wedges	<b>Roast Dinner</b> Choose from either home roasted breast of turkey or a Quorn fillet, served with Yorkshire pudding, roast potatoes and gravy	<b>Creamy Chicken Curry</b> Choose from fresh pieces of chicken breast or Quorn pieces cooked with cumin, coriander, turmeric, ground ginger, garlic, coconut milk and natural yogurt. Served on a bed of rice with Naan bread	<b>Fish 'Fry-day'</b> Choose from a battered cod fillet, breaded cod fillet fingers or a homemade salmon fishcake, all baked in the oven & served with chips
<b>Served with</b>				
<b>Broccoli</b>	<b>Salad and/or Sweetcorn</b>	<b>Carrots &amp; Peas</b>	<b>Sweetcorn</b>	<b>Peas or Baked Beans</b>
<b>or</b>				
<b>Jacket potatoes &amp; Panini's</b> served with a side salad are also available daily – chooses from a variety of fillings cheese, tuna mayo, ham, turkey & baked beans (when available)				
<b>or</b>				
<b>Deli Bar - Available Everyday</b> Design your own sandwich, first choose your bread – wraps, assorted batch or sliced bread, then choose your filling a selection of the following will be available daily – ham, cheese, tuna, Chinese chicken, turkey, roast beef, egg and finally finish with a choice of salad – carrot sticks, cucumber, cherry tomatoes, iceberg lettuce, sweetcorn, coleslaw, beetroot and peppers.				
<div style="display: flex; justify-content: space-around; align-items: center;">    </div>				
<b>And for dessert</b>				
<b>A selection of Cookies</b>	<b>Ice cream</b>	<b>Crispy Cake</b>	<b>Pancake Bar</b>	<b>Chef's Cake &amp; Custard</b>
<b>Fresh Fruit, Fruit Pots, Yogurt or Cheese &amp; Crackers are available everyday as an alternative to the daily dessert.</b>				
<b>And Finally a drink</b>				
<b>A selection of the following drinks will be available daily</b> <b>freshly made milkshakes – chocolate or strawberry, fresh fruit juice – apple, orange or cranberry or water.</b>				

## Week 3

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Pasta Bar</b> Choose your pasta: <i>Spaghetti or Spirals</i> Choose your sauce: <i>Tomato &amp; Basil or Cheese</i> Choose you topping: <i>Grated Cheddar, Sliced Chicken or Ham</i>	<b>Chicken Strips</b> Fresh chicken strips or Quorn strips coated in breadcrumbs and baked in the oven served on a bed of rice with a choice of sauces	<b>Roast Dinner</b> Choose from either home roasted joint of gammon or a Quorn fillet, served with Yorkshire pudding, roast potatoes & gravy	<b>Mince Pie</b> Fresh beef mince or veggie-mince cooked with onions and carrots topped with a pastry lid and baked in the oven served with mashed potato	<b>Fish 'Fry-day'</b> Choose from a battered cod fillet, breaded cod fillet fingers or simply a salmon fillet, all baked in the oven & served with chips
<b>Served with</b>				
<b>Sweetcorn</b>	<b>Peas</b>	<b>Cauliflower &amp; Carrots</b>	<b>Green Beans</b>	<b>Peas and Baked Beans</b>
<b>or</b>				
<b>Jacket potatoes &amp; Panini's</b> served with a side salad are also available daily – chooses from a variety of fillings cheese, tuna mayo, ham, turkey & baked beans (when available)				
<b>or</b>				
<p style="text-align: center;"><b>Deli Bar - Available Everyday</b></p> <p>Design your own sandwich, first choose your bread – wraps, assorted batch or sliced bread, then choose your filling a selection of the following will be available daily – ham, cheese, tuna, Chinese chicken, turkey, roast beef, egg and finally finish with a choice of salad – carrot sticks, cucumber, cherry tomatoes, iceberg lettuce, sweetcorn, coleslaw, beetroot and peppers.</p> <div style="display: flex; justify-content: space-around; align-items: center;">    </div>				
<b>And for dessert</b>				
<b>Iced Buns</b>	<b>Ice Cream &amp; Wafers</b>	<b>Chocolate Crunch</b>	<b>Waffle Bar</b>	<b>Chef's Cake &amp; Custard</b>
<b>Fresh Fruit, Fruit Pots, Yogurt or Cheese &amp; Crackers are available everyday as an alternative to the daily dessert.</b>				
<b>And Finally a drink</b>				
<b>A selection of the following drinks will be available daily</b> <b>freshly made milkshakes – chocolate or strawberry, fresh fruit juice – apple, orange or cranberry or water.</b>				

