



Eastway Primary School
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7th November 2023

Dear Year 5 Families,

Year 5 Bikeability Course
Thursday 16th, Friday 17th, Monday 20th, Tuesday 21st, Wednesday 22rd and Thursday 23rd
November 2023

We are pleased to inform you that we will be holding Bikeability Sessions during the school day for children in Year 5. Please see below the details of the course and also what your child will need in order to take part.

What is Bikeability?

Bikeability is the new Cycling Proficiency for the 21st century. It is designed to give the next generation the skills and confidence to ride their bikes on today's roads. We will teach children to ride a bike to National Standards and introduce them to cycling as an everyday, fun, healthy activity and an alternative mode of transport.

How much will it cost?

Nothing! Your Local Authority and Department fund the course.

Where will the course take place?

The course will take place in the school playground and on local roads near to school. We will carry out a risk assessment of the training areas before the start of the course. A copy of the risk assessment will be available at the school. There will be 2/3 fully trained and DBS checked instructors with 6 children per day.

What will my child need?

- **A signed consent form - please use the form attached with this letter.**
- **The ability to ride a bike unaided.**
- **A helmet**
- **Appropriate clothing. It is important, especially during the cooler months, that children wear gloves and warm, dry clothing as they will be outside all day.**
- **A bike which is road worthy. Please follow the simple guide attached to check whether your child's bike is suitable.**

This course is offered to all Year 5 children, your child's course will be one full day during the period of the dates above; we will let you know the allocated day for your child nearer to the time. If your child does not own a bike or helmet these can be provided.

All consent forms must be returned to your child's class teacher or the school office by Monday 13th November.

Please contact the school office if you have any queries.

Yours sincerely,

Mrs Emily Morris
Headteacher

