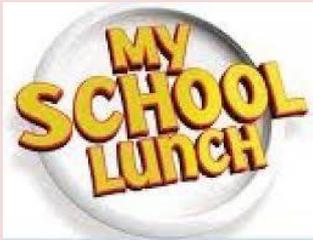


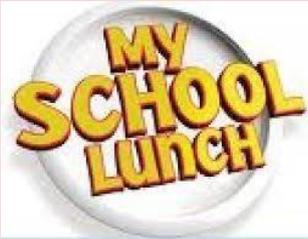
Week One

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Pizza Day A selection of homemade pizza Choose from Cheese & Tomato, Ham & Pineapple or Pepperoni</p>	<p>Sausage & Mash Choose from a butcher's quality sausage or Quorn sausage served on a bed of creamy mashed potato with gravy</p>	<p>Roast Dinner Choose from Chef's home roasted joint of the day or a Quorn fillet, served with roast potatoes, Yorkshire pudding and gravy</p>	<p>Macaroni Cheese & Bacon Macaroni pasta smothered in a cheese sauce, then topped with cheese and bacon and baked in the oven.</p>	<p>Chicken nuggets & Chips Choose from either Chicken nuggets or Quorn nuggets baked in the oven & served with chips.</p>
Served with				
Sweetcorn	Peas	Peas & Carrots	Broccoli	Peas or Baked Beans
or				
<p>Jacket potatoes & Panini's Available daily. Served with a side salad.</p>				
or				
<p>Deli Bar - Available Everyday Design your own sandwich. First, choose your bread, wraps or assorted batch. Then choose your filling. A selection of the following will be available daily – cheese, tuna or egg mayonnaise. Finally finish with a choice of salad.</p>				
				
A selection of desserts or				
Fresh Fruit, Yogurt or Cheese & Crackers are available everyday as an alternative to the daily dessert.				
And Finally a drink				
Orange and Blackcurrant Cordial or Water				

Week Two

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Meatballs Fresh beef meatballs or Quorn balls baked in the oven and served with Spaghetti, a homemade tomato sauce and optional cheese</p>	<p>Crispy Chicken Wrap Choose from crispy chicken goujons or Quorn goujons served in a flour tortilla with shredded lettuce and sauces – choose from sweet chilli, or BBQ. Served with rice</p>	<p>Toasties Choose from either a cheese or ham toastie, baked in the oven and served with tomato or plain pasta</p>	<p>Creamy Chicken Curry Choose from fresh pieces of chicken breast or Quorn pieces cooked with cumin, coriander, turmeric, ground ginger, garlic, coconut milk and natural yogurt. Served on a bed of rice with Naan bread</p>	<p>Fish 'Fry-day' Choose from a Fish Portion or Fish Fingers all baked in the oven & served with chips</p>
Served with				
Broccoli	Corn on the cob	Salad Bar	Sweetcorn	Peas or Baked Beans
<i>or</i>				
<p>Jacket potatoes & Panini's Available daily. Served with a side salad.</p>				
<i>or</i>				
<p>Deli Bar - Available Everyday Design your own sandwich. First, choose your bread, wraps or assorted batch. Then choose your filling. A selection of the following will be available daily – cheese, tuna and egg mayonnaise. Finally finish with a choice of salad.</p>				
A selection of desserts or				
Fresh Fruit, Yogurt or Cheese & Crackers are available everyday as an alternative to the daily dessert.				
And Finally a drink				
Orange and Blackcurrant Cordial or Water				

Week Three

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Pasta Bar Choose your pasta: <i>Spaghetti or Spirals</i> Choose your sauce: <i>Tomato & Basil or Cheese</i> Choose your topping: <i>Grated Cheddar or Ham</i></p>	<p>Taco Tuesday Choose from either mince beef or Quorn cooked with onions, mild chilli, red peppers, and topped with tortilla chips, cheese and served with rice</p>	<p>Salt & Pepper Chicken Choose from either Chicken or Quorn fillets seasoned and baked in the oven, served with noodles</p>	<p>Cheeseburger Choose from either a fresh minced beef Burger or a vegetarian burger baked in the oven and served on a bun with jacket potato wedges</p>	<p>Fish 'Fry-day' Choose from a Fish Portion or Fish Fingers all baked in the oven & served with chips</p>
Served with				
Sweetcorn	Broccoli	Peas	Coleslaw and Salad	Peas or Baked Beans
<i>or</i>				
<p>Jacket potatoes & Panini's Available daily. Served with a side salad.</p>				
<i>or</i>				
<p>Deli Bar - Available Everyday Design your own sandwich. First, choose your bread, wraps or assorted batch. Then choose your filling. A selection of the following will be available daily – cheese, tuna or egg mayonnaise. Finally finish with a choice of salad.</p>				
				
A selection of desserts or				
Fresh Fruit, Yogurt or Cheese & Crackers are available everyday as an alternative to the daily dessert.				
And Finally a drink				
Orange and Blackcurrant Cordial or Water				