

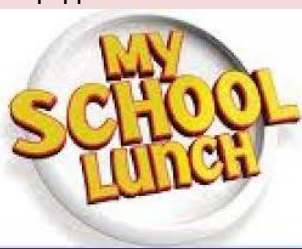








Week 1

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Pizza Day A selection of homemade pizza Choose from Cheese & Tomato, Ham & Pineapple or Pepperoni</p>	<p>Sausage & Mash Choose from a butchers quality sausage or Quorn sausage served on a bed of creamy mashed potato with gravy</p>	<p>Roast Dinner Choose from home roasted topside of beef or a Quorn fillet served with roast potatoes, Yorkshire pudding and gravy</p>	<p>Macaroni Cheese & Bacon Macaroni pasta, smothered in a cheese sauce, then topped with cheese and bacon and baked in the oven.</p>	<p>Fish 'Fry-day' Choose from a battered cod fillet, breaded cod fillet fingers or simply a salmon fillet, all baked in the oven & served with chips</p>
Served with				
Sweetcorn	Peas	Peas & Carrots	Broccoli	Baked Beans
<i>or</i>				
<p>Jacket potatoes & Panini's served with a side salad are also available daily – chooses from a variety of fillings cheese, tuna mayo, ham, turkey & baked beans (when available)</p>				
<i>or</i>				
<p>Deli Bar - Available Everyday Design your own sandwich, first choose your bread – wraps, assorted batch, or sliced bread, then choose your filling a selection of the following will be available daily – ham, cheese, tuna, Chinese chicken, turkey, roast beef, egg and finally finish with a choice of salad – carrot sticks, cucumber, cherry tomatoes, iceberg lettuce, sweetcorn, coleslaw, beetroot, and peppers.</p>				
<div style="display: flex; justify-content: space-around; align-items: center;">    </div>				
And for dessert				
A Selection of Cookies	Flapjack	Jelly & Cream	A Selection of Muffins	Chef's Cake & Custard
Fresh Fruit, Fruit Pots, Yogurt or Cheese & Crackers are available everyday as an alternative to the daily dessert.				
And Finally, a drink				
<p>A selection of the following drinks will be available daily freshly made milkshakes – chocolate or strawberry, fresh fruit juice – apple, orange or cranberry or water.</p>				

Week 2

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Meatballs Fresh beef meatballs or Quorn balls baked in the oven and served with spaghetti and a homemade tomato sauce</p>	<p>Burger Day Choose from a fresh minced beef burger, a fresh chicken fillet coated in breadcrumbs and baked in the oven or a vegetarian burger served on a bun with coleslaw and jacket potato wedges</p>	<p>Roast Dinner Choose from either home roasted breast of turkey or a Quorn fillet, served with Yorkshire pudding, roast potatoes and gravy</p>	<p>Creamy Chicken Curry Choose from fresh pieces of chicken breast or Quorn pieces cooked with cumin, coriander, turmeric, ground ginger, garlic, coconut milk and natural yogurt. Served on a bed of rice with Naan bread</p>	<p>Fish 'Fry-day' Choose from a battered cod fillet, breaded cod fillet fingers or a homemade salmon fishcake, all baked in the oven & served with chips</p>
Served with				
Broccoli	Salad and/or Sweetcorn	Carrots & Peas	Sweetcorn	Peas or Baked Beans
or				
<p>Jacket potatoes & Panini's served with a side salad are also available daily – chooses from a variety of fillings cheese, tuna mayo, ham, turkey & baked beans (when available)</p>				
or				
<p>Deli Bar - Available Everyday Design your own sandwich, first choose your bread – wraps, assorted batch, or sliced bread, then choose your filling a selection of the following will be available daily – ham, cheese, tuna, Chinese chicken, turkey, roast beef, egg and finally finish with a choice of salad – carrot sticks, cucumber, cherry tomatoes, iceberg lettuce, sweetcorn, coleslaw, beetroot, and peppers.</p>				
<div style="display: flex; justify-content: space-around; align-items: center;">    </div>				
And for dessert				
A selection of Cookies	Ice cream	Chocolate Brownie	Scotch Pancake	Chef's Cake & Custard
<p>Fresh Fruit, Fruit Pots, Yogurt or Cheese & Crackers are available everyday as an alternative to the daily dessert.</p>				
And Finally, a drink				
<p>A selection of the following drinks will be available daily freshly made milkshakes – chocolate or strawberry, fresh fruit juice – apple, orange or cranberry or water.</p>				

Week 3

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Pasta Bar Choose your pasta: <i>Spaghetti or Spirals</i> Choose your sauce: <i>Tomato & Basil or Cheese</i> Choose your topping: <i>Grated Cheddar, Sliced Chicken or Ham</i></p>	<p>Chicken Strips Fresh chicken strips or Quorn strips coated in breadcrumbs and baked in the oven served on a bed of rice with a choice of sauces</p>	<p>Roast Dinner Choose from either home roasted joint of gammon or a Quorn fillet, served with Yorkshire pudding, roast potatoes & gravy</p>	<p>Mince Pie Fresh beef mince or veggie-mince cooked with onions and carrots topped with a pastry lid and baked in the oven served with mashed potato</p>	<p>Fish 'Fry-day' Choose from a battered cod fillet, breaded cod fillet fingers or simply a salmon fillet, all baked in the oven & served with chips</p>
Served with				
Sweetcorn	Peas	Cauliflower & Carrots	Green Beans	Peas and Baked Beans
<i>or</i>				
<p>Jacket potatoes & Panini's served with a side salad are also available daily – chooses from a variety of fillings cheese, tuna mayo, ham, turkey & baked beans (when available)</p>				
<i>or</i>				
<p>Deli Bar - Available Everyday Design your own sandwich, first choose your bread – wraps, assorted batch, or sliced bread, then choose your filling a selection of the following will be available daily – ham, cheese, tuna, Chinese chicken, turkey, roast beef, egg and finally finish with a choice of salad – carrot sticks, cucumber, cherry tomatoes, iceberg lettuce, sweetcorn, coleslaw, beetroot, and peppers.</p>				
<div style="display: flex; justify-content: space-around; align-items: center;">    </div>				
And for dessert				
Shortbread	Iced Sponge	Chocolate Crunch	Waffle Bar	Chef's Cake & Custard
<p>Fresh Fruit, Fruit Pots, Yogurt or Cheese & Crackers are available everyday as an alternative to the daily dessert.</p>				
And Finally, a drink				
<p>A selection of the following drinks will be available daily freshly made milkshakes – chocolate or strawberry, fresh fruit juice – apple, orange or cranberry or water.</p>				