

Things to do at home:

Reading and writing in everyday life - a shopping list

You will need: pens and paper

Reading and writing together in everyday life helps young children to:

- ✧ realise that written messages, labels, signs and lists can be a useful way of sharing information, remembering something or communicating with someone,
- ✧ understand that words, letters, images and symbols hold meaning and can give messages,
- ✧ understand that reading and writing are connected.

What to do:

1. Sit together and talk about what you need from the shops, and what foods you both like.
2. Write a shopping list, encouraging your child to write their own at the same time - keep the list short, it's supposed to be fun!



3. Go to the shop with both lists. Model reading aloud from your list and encourage your child to do the same, as you look for the items.
4. Look for the names and pictures on the labels when you find them (and even on the receipt if you're keen!).