



Headteacher: Mrs Faye Benson

☎: 0151 677 1235

✉: schooloffice@eastway.wirral.sch.uk

🌐: eastway-primary.eschools.co.uk

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Relationship and Sex Education

Dear Parents and Carers,

I am writing to share with you what is taught in PSHE and RSE. Our PSHE and RSE curriculum aims to support your child's development to:

- Embrace their own individuality and sense of self with confidence
- Embrace the individuality of others and challenge stereotypes
- Know about their bodies and how they change as they get older
- Know what healthy relationships look like and how to develop these, focusing on relationships with family and friends
- Know how to keep safe, including first aid, internet safety and looking after their mental well-being
- Know what bullying is and what to do if they think they or someone else is being bullied
- Know how to be positive citizen of Moreton, UK and the world
- Develop their aspirations for what they would like to do when they are older and how to manage their money

All of the sessions will be age-appropriate and meet the needs of all pupils in the class.

This half term's lessons are all about preparing for change. On our website, you can read our RSE policy that details our values and how we teach RSE at Eastway. There is also a document that sets out exactly what will be taught to children in each year group.

I would encourage you to go to https://eastway.eschools.co.uk/web/pshe_rse/570719 to find out more about what your child is being taught.

If you have any questions or concerns about what is being taught, or would like to see the resources we use, please email us through schooloffice@eastway.wirral.sch.uk

Yours sincerely,

Mrs Benson
Headteacher