

Week One

Monday	Tuesday	Wednesday	Thursday	Friday
Spaghetti Bolognaise Choose from fresh minced beef or Veggie mince cooked with onions, garlic, tomatoes, and herbs, served on a bed of pasta with garlic bread	Sausage & Mash Choose from a butcher's quality sausage or Quorn sausage served on a bed of creamy mashed potato with gravy	Pizza Day A selection of homemade pizza Choose from Cheese & Tomato, Ham & Pineapple or Pepperoni	Macaroni Cheese & Bacon Macaroni pasta smothered in a cheese sauce, then topped with cheese and bacon and baked in the oven.	Chicken nuggets & Chips Choose from either Chicken nuggets or Quorn nuggets baked in the oven & served with chips.
Served with				
Salad	Peas	Sweetcorn	Broccoli	Peas or Baked Beans
or				
Jacket potatoes & Panini's Available daily. Served with a side salad. Choose from a variety of fillings cheese, tuna mayo, ham and beans				
or				
Deli Bar - Available Everyday Design your own sandwich. First, choose your bread, wraps or assorted batch. Then choose your filling. A selection of the following will be available daily – ham, cheese or tuna. Finally finish with a choice of salad.				
  				
A selection of desserts or				
Fresh Fruit, Yogurt or Cheese & Crackers are available everyday as an alternative to the daily dessert.				
And finally, a drink				
Water & (Milkshakes on a Monday)				

Week Two

Monday	Tuesday	Wednesday	Thursday	Friday
Meatballs Fresh beef meatballs or Quorn balls baked in the oven and served with Spaghetti, a homemade tomato sauce and optional cheese	Crispy Chicken Wrap Choose from crispy chicken goujons or Quorn goujons served in a flour tortilla with shredded lettuce and sauces – choose from sweet chilli, or BBQ. Served with potato wedges	Roast Dinner Choose from Chef's home roasted joint of the day or a Quorn fillet, served with roast potatoes, Yorkshire pudding and gravy	Creamy Chicken Curry Choose from fresh pieces of chicken breast or Quorn pieces cooked with cumin, coriander, turmeric, ground ginger, garlic, coconut milk and natural yogurt. Served on a bed of rice with Naan bread	Fish 'Fry-day' Choose from a Fish Portion or Fish Fingers all baked in the oven & served with chips
Served with				
Broccoli	Corn on the cob	Peas and Carrots	Sweetcorn	Peas or Baked Beans
or				
Jacket potatoes & Panini's Available daily. Served with a side salad. Choose from a variety of fillings cheese, tuna mayo, ham and beans				
or				
Deli Bar - Available Everyday Design your own sandwich. First, choose your bread, wraps or assorted batch. Then choose your filling. A selection of the following will be available daily – ham, cheese or tuna. Finally finish with a choice of salad.				
  				
A selection of desserts or				
Fresh Fruit, Yogurt or Cheese & Crackers are available everyday as an alternative to the daily dessert.				
And Finally, a drink				
Water & (Milkshakes on a Monday)				

Week Three

Monday	Tuesday	Wednesday	Thursday	Friday
<i>Pasta Bar</i> Choose your pasta: <i>Spaghetti or Spirals</i> Choose your sauce: <i>Tomato & Basil or Cheese</i> Choose your topping: <i>Grated Cheddar or Ham</i>	<i>Chilli Nacho's</i> Choose from either mince beef or Quorn cooked with onions, mild chilli, red peppers, and topped with nacho chips, cheese and served with rice	<i>Salt & Pepper Chicken</i> Choose from either Chicken or Quorn fillets seasoned and baked in the oven, served with noodles	<i>Cheeseburger</i> Choose from either a fresh minced beef Burger or a vegetarian burger baked in the oven and served on a bun with jacket potato wedges	<i>Fish 'Fry-day'</i> Choose from a Fish Portion or Fish Fingers all baked in the oven & served with chips
<i>Served with</i>				
Sweetcorn	Broccoli	Peas	Coleslaw and Salad	Peas or Baked Beans
<i>or</i>				
<i>Jacket potatoes & Panini's</i> Available daily. Served with a side salad. Choose from a variety of fillings cheese, tuna mayo, ham and beans				
<i>or</i>				
<i>Deli Bar - Available Everyday</i> Design your own sandwich. First, choose your bread, wraps or assorted batch. Then choose your filling. A selection of the following will be available daily – ham, cheese or tuna. Finally finish with a choice of salad.				
  				
<i>A selection of desserts or</i>				
Fresh Fruit, Yogurt or Cheese & Crackers are available everyday as an alternative to the daily dessert.				
<i>And finally, a drink</i>				
Water & (Milkshakes on a Monday)				

