



Should my Child go to School Today?



Being poorly doesn't always mean your child can't come to school. 100% Attendance is the key to getting the best out of school.

Headache, Earache & Stomach Ache

Fine to go to school, just let their teacher know, and maybe paracetamol before school and plenty of fluids. If the problem persists, speak to your GP.

High Temperature

Give paracetamol and plenty of fluids. After paracetamol if your child feels better bring them to school and let their teacher know. If the high temp persists speak to your GP.

Coughs & Colds

Children can be given paracetamol and plenty of fluids and are fine to come to school. If your child has asthma they may need their blue inhaler more often.

Flu (Influenza)

A GP would normally diagnose this. Children should come into school when they are recovered.

Sore throat, Tonsillitis & Glandular Fever

Children should come to school if they feel well enough after paracetamol unless GP says different.

Headlice

Children can come to school with headlice, but they must be treated for the condition to stop it spreading. Speak to a pharmacist for advice.

Scabies

Children can go to school after the first treatment prescribed by GP.

Threadworm

Children can go to school once they have started their treatment. Speak to your GP or pharmacist to prescribe medication.

Hand, Foot & Mouth, Warts, Verrucas, Athletes Foot, & Molluscum Contagiosum

Children are fine to be in school. Verrucas must be covered if going swimming.

Conjunctivitis

Children are fine to be in school. They should be encouraged to wash their hands to stop it spreading.

Impetigo

Children can go back to school once the lesions have crusted or healed.

Measles, Chicken Pox & German Measles

Measles: Children back in school 4 days after rash started.

Chicken Pox: Children back in school 5 days after rash started

German Measles: Back in 6 days after rash has started.

Please let school know as pregnant staff may be affected.

Mumps

Children should go back to school 5 days from the start of the swollen glands.

Whooping Cough

Children should go back to school 5 days after starting antibiotics. (non-infectious coughing may continue for many weeks)

Diarrhoea & vomiting

Please discuss with school. If your child has only been sick once, they should be fine to be in school.

Scarlet Fever

Children can come back to school 24 hours after starting antibiotics if well enough.

What else do you need to know?

Medicine in School inc Antibiotics: Children are fine to be in school even if taking medication. Staff are able to give them the medication. All medication must be labelled with the child's name and form must be completed by parent/carer, just speak to a member of staff.

Further advice: If you are ever concerned about your child's health seek medical advice by speaking to your GP, or calling NHS Choices Advice on 111.

Children should always be in school if they are well enough